



3-Minute Thesis Video

Guidelines & Information

OVERVIEW

A Three-Minute Thesis presentation recorded to video allows students to distill their research into a concise, compelling presentation for a non-specialist audience. This presentation style cultivates academic, presentation and professional communication skills. Three-Minute Thesis (3MT™) is a research communication competition developed by The University of Queensland, Australia.

Presenting Structure

3-Minute Thesis is a hybrid event. Videos will be screened during both live in-person and via videoconference during the symposium.



Three-Minute Thesis Guidelines

The Three-Minute Thesis should be a spoken word presentation that is three minutes maximum and incorporates a single static PowerPoint slide. The presentation will be recorded to video and submitted by the deadline. Submission instructions will be sent via TSC email to symposium participants.

- Competitors exceeding three minutes are disqualified.
- No slide transitions, animations or “movement” of any type are allowed.
- The slide is to be presented from the beginning to the end of the presentation.
- No electronic media, props, costumes, or equipment are allowed.

Presentations should avoid jargon and overly technical language. They should engage a general audience in the research and information, express enthusiasm for the project and leave the audience wanting to know more.

Preparing the Presentation

Spoken Presentation Tips

- Practice your presentation to ensure that it meets the time requirement.
- You are allowed to use note cards during your presentation; use short bullet-point notes to help you remember what you want to say while maintaining eye contact with the camera/audience.
- Speak slowly and project your voice.

Static Slide Design Tips

- Only one static PowerPoint slide is allowed, and it must be visible from beginning to end.
- The slide should be a graphic that supports and enhances your spoken presentation.
- The slide should use high-resolution graphics or word-art that is easy to read with sufficient contrast between background, text, and images.

Video Tips

- The final video recording should be saved as a .MP4 file, .MOV file, .AVI file, Zoom recording link, or *YouTube* link.
- The presentation will be recorded to video and submitted by the deadline. Submission instructions will be sent via TSC email to symposium participants.