

Create Your Own Study Template

Class: _____

Test Date: _____

Grade Goal: **A** **B** **C**

What is the format of the test?

- Multiple Choice
- Essay Test
- Other

[Study Tips](#)

[Study Tips](#)

[Study Tips](#)

[Test-Taking Strategies](#)

[Test-Taking Strategies](#)

[Math Tests](#)

What materials do you have to prepare?

- Textbook
- Lecture Videos
- Class Notes
- PowerPoints
- Other: _____
- Flashcards
- Study Guide
- Practice Test
- My Notes

Select your study plan.

- Complete the study guide
- Create your own “cheat sheet”
- Practice test/quiz yourself
- Study groups
- Rewrite notes in a new format
- Flashcards/spaced repetition
- Easy/moderate/hard
- Go to tutoring

Recommended study schedule.

- After each class:** Read over your notes the same day after class for 10-15 minutes.
- Twice a week:** Reserve 25 minutes twice a week, when you are at your best, to read over all your notes or PowerPoints in chronological order.
- 1 Week before test:** Select your study plan. Studying is more than just reading over your notes!
- 4-6 Days before test:** Seek out tutoring and/or visit your professor’s office hours to ask final questions.
- 2-3 Days before test:** Continue studying for at least 30 minutes – 1 hour per day.
- 1 Day before test:** Study, ask final questions, and get a good night of rest. DO NOT CRAM!

Check out these resources and support services!

- Learning Commons Tutoring
- Success Coaching
- Library
- Counseling Center
- Advising Center
- Professor’s Office Hours
- Khan Academy
- CrashCourse
- Quizlet
- Evernote

Manage your study time.

Chop It Up and the Fifteen Minute Rule

Break the work into manageable pieces. Set a timer for 15 minutes and work without disruption. After 15 minutes take a short break and resume for another 15 minutes.

Pomodoro Method

<https://www.marinaratimer.com/>

25 minutes of studying / 10-minute break / 25 minutes of studying / 10-minute break / 25 minutes of studying / 1-hour break (*done*)

Rewards

Reward yourself with breaks or fun activities/interests/hobbies after putting in a successful study session.

Take Breaks

Breaks are important for keeping study momentum. For every hour of study time, make sure to take a 10-15-minute break. For every three hours of study time, take an **extended** (hour+ long) break.